



Child-on-child policy

Child-friendly

October 2024

Review Date: October 2025

## What is Child Protection about?

All of the adults around you think that your health, safety and welfare are very important. In our school, we respect all children and help to protect your rights. We do our best to help children make good educational progress.

## How does Evergreen Primary Academy work to keep you safe?

Our teachers and LSAs provide a safe environment for you to learn  
Staff at our school know how to keep you and your friends safe: at home as well as school

It is important for you to know where to get help if you are worried or unhappy about something.

The staff tell you how to keep yourself, and others, safe.

Teachers think it is very important for you to recognise risks in different situations.  
Our lessons include: PSHE, healthy eating, e-safety, road safety and assemblies.  
We are a school where everyone has the right to feel SAFE; the right to LEARN without undue distraction or disruption and the right to RESPECT.

We think it is important for you to know where to get help if you are worried or unhappy about something.

### **Need to talk?**

You can talk to any adult in school if you need to, but Miss Vincent, Mrs Coote and Miss Dorse will ALWAYS be there for you – just tell them what's worrying you. These three adults are Designated Safeguarding Leads.

If you don't think you can speak to an adult in school, leave a note in your for an adult to be able to help you. You can also phone ChildLine who will listen to you and give you help and advice.

## What is peer on peer abuse?

A peer is someone who might be your friend or a child that you know or is near you. Abuse is something which usually physically or emotionally hurts another person by using behaviour that is meant to scare, hurt or upset that person. Sometimes, it can be hard to know when abuse is happening, because not all abuse will hurt, scare or upset you, and you might not know it is happening. It's really important you know when you are being abused so we can make sure it stops. There are lots of different types of abuse. It is important you know what these types of abuse are so you know what to do if you see them.

## Sending Inappropriate Pictures

This is sending inappropriate pictures, videos or messages. Pressuring someone into sending these pictures, videos and messages is abuse. Even if you are not the person who is sending them, it is illegal to have these kinds of pictures or videos of a person if they are under 18 years old.

## What is Sexual Harassment?

Sometimes, people can do things towards others and it might make them feel uncomfortable. This can happen online, on social media, through messages and face-to-face. It might make someone feel scared, embarrassed, uncomfortable or upset.

It could be:

- Someone making rude comments, like telling stories, saying rude things or saying offensive things about someone's appearance or clothes.
- Calling someone sexual names.
- Sexual jokes or teasing.
- Being physical, like touching which makes you feel uncomfortable, messing with your clothes, or showing pictures or drawings which are of a personal nature.
- Being sexual online, like sharing pictures and videos, or posting inappropriate comments on social media.
- It might also be threats or pushing you to do something that you don't want to or aren't ready for.

## Relationships

Any relationship you have should be good and happy. A bad relationship might make someone feel scared, confused, worried and even unsafe. It's really important that you know the difference between a good relationship and a bad relationship.

Good relationships:

- You are comfortable around that person.
- You can be honest with that person.
- You can say how you feel, what you are thinking and you listen to each other.
- You support each other and treat each other nicely.
- You feel safe.
- You trust that person.
- You are equal – you don't boss each other around or tell each other what to do.
- You feel looked after.

Bad relationships:

- The person might push you, hit you or destroy your things.

- The person might tell you what to do, what to wear or who you can see and spend time with.
- You might feel scared – they might say they will hurt you if you don't do something.
- The person calls you names, makes you feel bad in front of other people and makes you feel bad about yourself.
- The person gets angry easily and you don't know what will make them angry – it might make you feel nervous.
- The person might pressure you to do things you don't want to or aren't ready for, like sex, or using drugs and alcohol.
- The person might not take no for an answer when you say you don't want to do something.
- The person may manipulate you into doing things you don't want to do.

It might be hard for you to know if you are being abused and you might not really understand it is happening. It is important you can recognise when behaviour isn't appropriate. It's also important that you can notice when someone else might be being abused.

Some signs might be:

- Not going to school or not wanting to go to school.
- Having injuries, like bruises.
- Feeling sad and down.
- Feeling like they can't cope.
- Feeling withdrawn or shy.
- Getting headaches or stomach ache.
- Feeling nervous.
- Not being able to sleep, sleeping too much or getting nightmares.
- Feeling panicked.
- Using alcohol or drugs.
- Changing looks to look much older.
- Being abusive to someone else.

Remember: you can feel all of these things too. Listen to how you feel, and know that these signs can mean you are being abused

## What can I do if someone else is being abused?

If you see someone else being abused, it is important that you help that person. You should never walk away and ignore the problem if you see someone else being abused, because the person might keep upsetting them. Tell an adult, such as a teacher, as soon as you've seen someone being abused. Adults can stop the abuse and make that person feel happy again. You should never feel scared to tell someone about someone being hurt or made to feel upset. Sometimes, you might not see someone being abused, but you might be worried about them. Or, you might think they are being abused by someone you don't know, or someone they have told you about. It's really important you tell someone even if you are worried, but haven't seen any abuse.

### **What do I do if I am being abused?**

The first thing you should do is tell someone you trust. This could be a family member, a friend or any adult in West Wycombe. If you feel scared or worried that they might hurt you, make sure you tell someone so they can help.

You should try not to:

- Do what the person says.
- Get angry or hit them.

Always remember that if you are being abused, it is not your fault and you are never alone. You shouldn't be scared to talk to someone if you are being abused. If you talk to a grown-up, we can make the abuse stop.

### **Who can I talk to?**

It is important you tell someone as soon as you are being abused, or you notice someone else being abused. Speaking to someone like your mum, dad, carer or an adult in school will mean that we can make sure the abuse stops and doesn't happen again.

### **How can I stop abuse from happening?**

We can all help stop abuse at our West Wycombe by: Making sure we understand how we should act towards others. Helping others when they are in need. Being kind, friendly and respectful to others. Thinking about people's feelings before we say or do something.

Taking part in school activities, like assemblies, PSHE & SRE lessons and circle time, which talk about peer-on-peer abuse. Talking to someone when we are worried.

**You should know that abuse is never OK and it is serious. It is not funny and will not be tolerated!**